

06/28

Out with it!
**Training for
voice, speech and
body language**

Every day, female scientists are in dialog with professional audiences, students, staff and colleagues. They present at walk-throughs, lectures and congresses, communicate in meetings, and conduct challenging conversations.

You convey your message to your counterpart with your „performance“ - your voice, body language and appearance - i.e. your voice, body language and charisma - not only content, but also your personality.

It is not only important WHAT, - but crucially important HOW you say something!

The workshop combines theoretical input and exercises focusing on the voice as an instrument and breathing technique for speaking. Among others the workshops addresses the following questions:

- How do you control the sound of your voice / your voice effect?
- How do you articulate your content clearly and distinctly?
- How do you speak in an exciting, interesting and credible way?
- How do you present/dialogue convincingly, present and charismatically?
- Which mistakes - that disturb your charisma - do you make unconsciously?
- How do you use your body language and voice consciously and professionally, without to appear artificial?

As a follow-up **every participant may book an individual coaching session (online)** with Katharina Padleschat.

Trainer: **Katharina Padleschat**

Date: **June, 28
9:30am - 5:30pm**

Venue: **University of Stuttgart, VISUS**

Registration and information:
pooling@cg.uni-stuttgart.de